



*The spirit of Budo: Japan's Martial Arts*

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**Audio Visual Materials:**

	<b>Title</b>	<b>Publisher</b>	<b>Call No./ ID</b>
REF 1	The Japanese budo [video] = Nihon no budo	Tokyo : Nippon Budokan Foundation	REF 796.8 J36 2002 00012813
REF 2	Kendo's gruelling challenge [video] : the 120 second test of spirit = Kokoro de tatakau 120 byo : kendo Nihon sainankan shiken ni idomu	Tokyo : JAMCO	REF 796.86 J36 1997 00014285
3	The Art of Aikido [video]	Sound Beach, NY : Artistic Video	VID 796.8 A77 1991 00011394
4	Japanese Judo masters [video] : Japan's Kodokan	Niagara Falls, NY : Mastersline Video	VID 796 .8152 J36 00011578
5	Okinawa, island of karate [video]	Los Angeles : Mastersline Video	VID 796 .8153 O38 00012087
6	The story of Sumo [video] : a documentary	Toronto : Marty Gross Film Productions	VID 796.8125 S76 2000 00011739

**Books:**

	<b>Title</b>	<b>Author</b>	<b>Call No./ ID</b>
1	Advanced aikido	Dang, Phong Thong	796.8154 D36 2006 00014594
2	The big book of sumo	Hall, Mina	796.8125 H34 1998 00007213

3	Budo : teachings of the founder of Aikido	Ueshiba, Morihei	796.8 U37 1996 00003412
4	Budo seishin to supotsu seishin : jo & ge		796.0952 B82 2003/ 00015701 796.0952 B82 2005/ 00015702
5	Classical bujutsu : the martial arts and ways of Japan	Draeger, Donn F.	796.8 D72 1996 00004636
6	A dictionary of the martial arts	Frederic, Louis	796.803 F73 1994 00000792
7	The empty hand : a karate wordbook	Umezawa, Rui	796.8153 U43 1998 00008172
8	The essential guide to sumo	Buckingham, Dorothea N.	796.8125 B82 1994 00003004
9	Facing the double-edged sword : the art of karate for young people	Webster-Doyle, Terrence	796.8 W42 1988 00009790
10	Judo basics : principles, rules, and rankings	Harrington, Patricia	796.8152 H37 2002 00012133
11	Karate basics	Rielly, Robin L.	796.8153 R53 2003 00013452
12	Kodokan judo	Kano, Jigoro	796.8 K36 K62 1994 00003018
13	Kyudo : the essence and practice of Japanese archery	Onuma, Hideharu	799.32 O58 1993 00003154
14	Martial arts for kids : the road to inner strength, self-awareness, and a peaceful world	Devens, Richard	796.8 D48 1997 00006442
15	Martial arts training in Japan : a guide for westerners	Jones, David E.	796.8 J66 2001 00011550
16	Practice drills for Japanese swordsmanship	Suino, Nicklaus	796.86 S94 1995 00006865
17	Soul of the samurai : modern translations of three classic works of Zen and Bushido		796.86 S68 2005 00014421